

**Directions:**

This is a booklet to aid you in your personal study of this book. Read through the text first, discovering God's precious truths for yourself. Write down the main point of each section of text in the space provided. The text is provided for you to mark, color, and highlight things you find interesting and important. Use the margins on each side of the text and the backside of the page to make notations of the truths you discover and passages you do not understand. When you believe you have seen all there is in text, read and answer the questions in the booklet pertaining to that section of text. The questions are not an exhaustive list of things to look for in the text. The questions are to help you consider the points that the author was trying to convey to his audience. Be prepared to share your findings in class.

**Background:**

Philippians is one of the four letters written during Paul's first imprisonment in Rome. Paul wrote this letter around 61-62 A.D. Philippi was a city of the province of Macedonia, lying about 10 miles inland from the coastal town of Neapolis. Robert H. Mounce, in describing the city, states, "It was a miniature Rome...exempt from taxation and modeled after the capital of the world." Philippi was a relatively wealthy city, known for its gold mines and exceptionally fertile soil.

**Introduction:**

1. Do a casual quick reading of the book in one sitting to get a feel of the overall message. It is best to use the included text so that you can make notations freely! Use colored pencils to highlight and make notations but do not dwell too long on any one text since your purpose is to get an overview. As you read, do the following exercises:

Also read Acts 16:11-40 which describes Paul's journey and efforts in Philippi. Then consider the following questions:

**Acts 16:11-40**

Who were Paul's travelling companions when he came to Philippi?

What does Luke record about the importance of the city of Philippi?

List the events that occurred while Paul and his companions were at Philippi:

**The letter to the Philippians:**

What seems to be the main point of the book? What prominent subjects continue to reoccur through the letter?

Outline the structure of this letter:

Author:

Recipients:

Salutation:

Thanksgiving:

Body of letter:

Closing:

Greeting:

# PHILIPPIANS

# 1

ESV

1:1 Paul and Timothy, servants of Christ Jesus, To all the saints in Christ Jesus who are at Philippi, with the overseers and deacons: 2 Grace to you and peace from God our Father and the Lord Jesus Christ.

3 I thank my God in all my remembrance of you, 4 always in every prayer of mine for you all making my prayer with joy, 5 because of your partnership in the gospel from the first day until now. 6 And I am sure of this, that he who began a good work in you will bring it to completion at the day of Jesus Christ. 7 It is right for me to feel this way about you all, because I hold you in my heart, for you are all partakers with me of grace, both in my imprisonment and in the defense and confirmation of the gospel. 8 For God is my witness, how I yearn for you all with the affection of Christ Jesus. 9 And it is my prayer that your love may abound more and more, with knowledge and all discernment, 10 so that you may approve what is excellent, and so be pure and blameless for the day of Christ, 11 filled with the fruit of righteousness that comes through Jesus Christ, to the glory and praise of God.

HCSB

1:1 Paul and Timothy, slaves of Christ Jesus: To all the saints in Christ Jesus who are in Philippi, including the overseers and deacons. 2 Grace to you and peace from God our Father and the Lord Jesus Christ.

3 I give thanks to my God for every remembrance of you, 4 always praying with joy for all of you in my every prayer, 5 because of your partnership in the gospel from the first day until now. 6 I am sure of this, that He who started a good work in you will carry it on to completion until the day of Christ Jesus. 7 It is right for me to think this way about all of you, because I have you in my heart, and you are all partners with me in grace, both in my imprisonment and in the defense and establishment of the gospel. 8 For God is my witness, how I deeply miss all of you with the affection of Christ Jesus. 9 And I pray this: that your love will keep on growing in knowledge and every kind of discernment, 10 so that you can determine what really matters and can be pure and blameless in the day of Christ, 11 filled with the fruit of righteousness that comes through Jesus Christ, to the glory and praise of God.

1:1-11 Main point: \_\_\_\_\_

Make additional notes at left and below:

- 1 How is Paul's salutation different from his other letters?
- 2 What was the Philippians "partnership in the gospel?" (1:5)
- 3 How were the Philippians partakers with Paul both in his imprisonments and his defense of the gospel? (1:7)
- 4 What is Paul's prayer for the Philippians? How can we attain these same qualities?

ESV

1:12 I want you to know, brothers, that what has happened to me has really served to advance the gospel, 13 so that it has become known throughout the whole imperial guard and to all the rest that my imprisonment is for Christ. 14 And most of the brothers, having become confident in the Lord by my imprisonment, are much more bold to speak the word without fear.

15 Some indeed preach Christ from envy and rivalry, but others from good will. 16 The latter do it out of love, knowing that I am put here for the defense of the gospel. 17 The former proclaim Christ out of rivalry, not sincerely but thinking to afflict me in my imprisonment. 18 What then? Only that in every way, whether in pretense or in truth, Christ is proclaimed, and in that I rejoice.

HCSB

1:12 Now I want you to know, brothers, that what has happened to me has actually resulted in the advancement of the gospel, 13 so that it has become known throughout the whole imperial guard, and to everyone else, that my imprisonment is for Christ.

14 Most of the brothers in the Lord have gained confidence from my imprisonment and dare even more to speak the message fearlessly. 15 Some, to be sure, preach Christ out of envy and strife, but others out of good will. 16 These do so out of love, knowing that I am appointed for the defense of the gospel; 17 the others proclaim Christ out of rivalry, not sincerely, seeking to cause me trouble in my imprisonment. 18 What does it matter? Just that in every way, whether out of false motives or true, Christ is proclaimed. And in this I rejoice.

1:12-18 Main point: \_\_\_\_\_  
Make additional notes at left and below:

5 What has happened because of Paul’s imprisonment? What lessons can we learn from this?

6 Why do some preach Christ? What does this mean? What can we learn about our motivation?

7 But what is the most important thing?

ESV

1:18 Yes, and I will rejoice, 19 for I know that through your prayers and the help of the Spirit of Jesus Christ this will turn out for my deliverance, 20 as it is my eager expectation and hope that I will not be at all ashamed, but that with full courage now as always Christ will be honored in my body, whether by life or by death. 21 For to me to live is Christ, and to die is gain. 22 If I am to live in the flesh, that means fruitful labor for me. Yet which I shall choose I cannot tell. 23 I am hard pressed between the two. My desire is to depart and be with Christ, for that is far better. 24 But to remain in the flesh is more necessary on your account. 25 Convinced of this, I know that I will remain and continue with you all, for your progress and joy in the faith, 26 so that in me you may have ample cause to glory in Christ Jesus, because of my coming to you again.

27 Only let your manner of life be worthy of the gospel of Christ, so that whether I come and see you or am absent, I may hear of you that you are standing firm in one spirit, with one mind striving side by side for the faith of the gospel, 28 and not frightened in anything by your opponents. This is a clear sign to them of their destruction, but of your salvation, and that from God. 29 For it has been granted to you that for the sake of Christ you should not only believe in him but also suffer for his sake, 30 engaged in the same conflict that you saw I had and now hear that I still have.

HCSB

1:18 Yes, and I will rejoice 19 because I know this will lead to my deliverance through your prayers and help from the Spirit of Jesus Christ. 20 My eager expectation and hope is that I will not be ashamed about anything, but that now as always, with all boldness, Christ will be highly honored in my body, whether by life or by death.

21 For me, living is Christ and dying is gain. 22 Now if I live on in the flesh, this means fruitful work for me; and I don't know which one I should choose. 23 I am pressured by both. I have the desire to depart and be with Christ—which is far better— 24 but to remain in the flesh is more necessary for you. 25 Since I am persuaded of this, I know that I will remain and continue with all of you for your advancement and joy in the faith, 26 so that, because of me, your confidence may grow in Christ Jesus when I come to you again.

27 Just one thing: live your life in a manner worthy of the gospel of Christ. Then, whether I come and see you or am absent, I will hear about you that you are standing firm in one spirit, with one mind, working side by side for the faith of the gospel, 28 not being frightened in any way by your opponents. This is evidence of their destruction, but of your deliverance—and this is from God. 29 For it has been given to you on Christ's behalf not only to believe in Him, but also to suffer for Him, 30 having the same struggle that you saw I had and now hear about me.

1:18-30 Main point: \_\_\_\_\_  
 Make additional notes at left and below:

9 Explain verse 21. Is this true of your life?

10 Explain Paul's expectation (1:22-26).

11 How are the Philippians exhorting to live their lives? How can we do the same?

ESV

2:1 So if there is any encouragement in Christ, any comfort from love, any participation in the Spirit, any affection and sympathy, 2 complete my joy by being of the same mind, having the same love, being in full accord and of one mind. 3 Do nothing from rivalry or conceit, but in humility count others more significant than yourselves. 4 Let each of you look not only to his own interests, but also to the interests of others. 5 Have this mind among yourselves, which is yours in Christ Jesus, 6 who, though he was in the form of God, did not count equality with God a thing to be grasped, 7 but made himself nothing, taking the form of a servant, being born in the likeness of men. 8 And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross. 9 Therefore God has highly exalted him and bestowed on him the name that is above every name, 10 so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, 11 and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.

HCSB

2:1 If then there is any encouragement in Christ, if any consolation of love, if any fellowship with the Spirit, if any affection and mercy, 2 fulfill my joy by thinking the same way, having the same love, sharing the same feelings, focusing on one goal. 3 Do nothing out of rivalry or conceit, but in humility consider others as more important than yourselves. 4 Everyone should look out not only for his own interests, but also for the interests of others.

5 Make your own attitude that of Christ Jesus, 6 who, existing in the form of God, did not consider equality with God as something to be used for His own advantage. 7 Instead He emptied Himself by assuming the form of a slave, taking on the likeness of men. And when He had come as a man in His external form, 8 He humbled Himself by becoming obedient to the point of death—even to death on a cross. 9 For this reason God also highly exalted Him and gave Him the name that is above every name, 10 so that at the name of Jesus every knee should bow—of those who are in heaven and on earth and under the earth— 11 and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

2:1-11 Main point: \_\_\_\_\_  
 Make additional notes at left and below:

- 1 What is Paul commanding Christians to do in this text?
- 2 Who is the example to follow?
- 3 Explain verse 6. What did Christ do?
- 4 What does it mean that “he made himself nothing?” What is Paul saying Christ did?
- 5 What did God do?
- 6 What will everyone do?

ESV

2:12 Therefore, my beloved, as you have always obeyed, so now, not only as in my presence but much more in my absence, work out your own salvation with fear and trembling, 13 for it is God who works in you, both to will and to work for his good pleasure.

14 Do all things without grumbling or questioning, 15 that you may be blameless and innocent, children of God without blemish in the midst of a crooked and twisted generation, among whom you shine as lights in the world, 16 holding fast to the word of life, so that in the day of Christ I may be proud that I did not run in vain or labor in vain. 17 Even if I am to be poured out as a drink offering upon the sacrificial offering of your faith, I am glad and rejoice with you all. 18 Likewise you also should be glad and rejoice with me.

HCSB

2:12 So then, my dear friends, just as you have always obeyed, not only in my presence, but now even more in my absence, work out your own salvation with fear and trembling. 13 For it is God who is working in you, enabling you both to will and to act for His good purpose. 14 Do everything without grumbling and arguing, 15 so that you may be blameless and pure, children of God who are faultless in a crooked and perverted generation, among whom you shine like stars in the world. 16 Hold firmly the message of life. Then I can boast in the day of Christ that I didn't run in vain or labor for nothing. 17 But even if I am poured out as a drink offering on the sacrifice and service of your faith, I am glad and rejoice with all of you. 18 In the same way you also should rejoice and share your joy with me.

2:12-18 Main point: \_\_\_\_\_

Make additional notes at left and below:

- 7 What does it mean to "work out your own salvation with fear and trembling?" How can we do this?
  
- 8 Explain verse 13. What does it mean that "it is God who works in you, bot to will and to work for his good pleasure?"
  
- 9 How can we obey the command in verse 14?
  
- 10 What is the result of doing all things without grumbling or questioning?
  
- 11 Explain the imagery that Paul uses that even if he is "poured out as a drink offering upon the sacrificial offering of your faith." What does this mean? How can we have the same attitude?

ESV

2:19 I hope in the Lord Jesus to send Timothy to you soon, so that I too may be cheered by news of you. 20 For I have no one like him, who will be genuinely concerned for your welfare. 21 For they all seek their own interests, not those of Jesus Christ. 22 But you know Timothy's proven worth, how as a son with a father he has served with me in the gospel. 23 I hope therefore to send him just as soon as I see how it will go with me, 24 and I trust in the Lord that shortly I myself will come also.

25 I have thought it necessary to send to you Epaphroditus my brother and fellow worker and fellow soldier, and your messenger and minister to my need, 26 for he has been longing for you all and has been distressed because you heard that he was ill. 27 Indeed he was ill, near to death. But God had mercy on him, and not only on him but on me also, lest I should have sorrow upon sorrow. 28 I am the more eager to send him, therefore, that you may rejoice at seeing him again, and that I may be less anxious. 29 So receive him in the Lord with all joy, and honor such men, 30 for he nearly died for the work of Christ, risking his life to complete what was lacking in your service to me.

HCSB

2:19 Now I hope in the Lord Jesus to send Timothy to you soon so that I also may be encouraged when I hear news about you. 20 For I have no one else like-minded who will genuinely care about your interests; 21 all seek their own interests, not those of Jesus Christ. 22 But you know his proven character, because he has served with me in the gospel ministry like a son with a father. 23 Therefore, I hope to send him as soon as I see how things go with me. 24 And I am convinced in the Lord that I myself will also come quickly.

25 But I considered it necessary to send you Epaphroditus—my brother, co-worker, and fellow soldier, as well as your messenger and minister to my need— 26 since he has been longing for all of you and was distressed because you heard that he was sick. 27 Indeed, he was so sick that he nearly died. However, God had mercy on him, and not only on him but also on me, so that I would not have one grief on top of another. 28 For this reason, I am very eager to send him so that you may rejoice when you see him again and I may be less anxious. 29 Therefore, welcome him in the Lord with all joy and hold men like him in honor, 30 because he came close to death for the work of Christ, risking his life to make up what was lacking in your ministry to me.

2:19-30 Main point: \_\_\_\_\_  
 Make additional notes at left and below:

12 Why will Timothy be sent to Philippi?

13 What example does Timothy serve?

14 What example did Epaphroditus serve?

15 Why is Paul recounting the sacrifices of Timothy and Epaphroditus? What point is Paul making?

# PHILIPPIANS

# 3

ESV

3:1 Finally, my brothers, rejoice in the Lord. To write the same things to you is no trouble to me and is safe for you.

2 Look out for the dogs, look out for the evildoers, look out for those who mutilate the flesh. 3 For we are the circumcision, who worship by the Spirit of God and glory in Christ Jesus and put no confidence in the flesh— 4 though I myself have reason for confidence in the flesh also. If anyone else thinks he has reason for confidence in the flesh, I have more: 5 circumcised on the eighth day, of the people of Israel, of the tribe of Benjamin, a Hebrew of Hebrews; as to the law, a Pharisee; 6 as to zeal, a persecutor of the church; as to righteousness under the law, blameless. 7 But whatever gain I had, I counted as loss for the sake of Christ. 8 Indeed, I count everything as loss because of the surpassing worth of knowing Christ Jesus my Lord. For his sake I have suffered the loss of all things and count them as rubbish, in order that I may gain Christ 9 and be found in him, not having a righteousness of my own that comes from the law, but that which comes through faith in Christ, the righteousness from God that depends on faith— 10 that I may know him and the power of his resurrection, and may share his sufferings, becoming like him in his death, 11 that by any means possible I may attain the resurrection from the dead.

HCSB

3:1 Finally, my brothers, rejoice in the Lord. To write to you again about this is no trouble for me and is a protection for you.

2 Watch out for “dogs,” watch out for evil workers, watch out for those who mutilate the flesh. 3 For we are the circumcision, the ones who serve by the Spirit of God, boast in Christ Jesus, and do not put confidence in the flesh— 4 although I once had confidence in the flesh too. If anyone else thinks he has grounds for confidence in the flesh, I have more: 5 circumcised the eighth day; of the nation of Israel, of the tribe of Benjamin, a Hebrew born of Hebrews; as to the law, a Pharisee; 6 as to zeal, persecuting the church; as to the righteousness that is in the law, blameless.

7 But everything that was a gain to me, I have considered to be a loss because of Christ. 8 More than that, I also consider everything to be a loss in view of the surpassing value of knowing Christ Jesus my Lord. Because of Him I have suffered the loss of all things and consider them filth, so that I may gain Christ 9 and be found in Him, not having a righteousness of my own from the law, but one that is through faith in Christ—the righteousness from God based on faith. 10 My goal is to know Him and the power of His resurrection and the fellowship of His sufferings, being conformed to His death, 11 assuming that I will somehow reach the resurrection from among the dead.

3:1-11 Main point: \_\_\_\_\_  
Make additional notes at left and below:

- 1 Explain verse 2. Who are “the dogs?” Who are the Philippians to watch out for?
- 2 Who are the circumcision (3:3)? What does Paul mean?
- 3 Explain Paul’s example. What is he trying to teach the Philippian Christians? What lessons do we learn?
- 4 Explain verse 7.

ESV

3:12 Not that I have already obtained this or am already perfect, but I press on to make it my own, because Christ Jesus has made me his own. 13 Brothers, I do not consider that I have made it my own. But one thing I do: forgetting what lies behind and straining forward to what lies ahead, 14 I press on toward the goal for the prize of the upward call of God in Christ Jesus. 15 Let those of us who are mature think this way, and if in anything you think otherwise, God will reveal that also to you. 16 Only let us hold true to what we have attained.

17 Brothers, join in imitating me, and keep your eyes on those who walk according to the example you have in us. 18 For many, of whom I have often told you and now tell you even with tears, walk as enemies of the cross of Christ. 19 Their end is destruction, their god is their belly, and they glory in their shame, with minds set on earthly things. 20 But our citizenship is in heaven, and from it we await a Savior, the Lord Jesus Christ, 21 who will transform our lowly body to be like his glorious body, by the power that enables him even to subject all things to himself.

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3:12 Not that I have already reached [the goal] or am already fully mature, but I make every effort to take hold of it because I also have been taken hold of by Christ Jesus. 13 Brothers, I do not consider myself to have taken hold of it. But one thing I do: forgetting what is behind and reaching forward to what is ahead, 14 I pursue as my goal the prize promised by God's heavenly call in Christ Jesus. 15 Therefore, all who are mature should think this way. And if you think differently about anything, God will reveal this to you also. 16 In any case, we should live up to whatever [truth] we have attained. 17 Join in imitating me, brothers, and observe those who live according to the example you have in us. 18 For I have often told you, and now say again with tears, that many live as enemies of the cross of Christ. 19 Their end is destruction; their god is their stomach; their glory is in their shame. They are focused on earthly things, 20 but our citizenship is in heaven, from which we also eagerly wait for a Savior, the Lord Jesus Christ. 21 He will transform the body of our humble condition into the likeness of His glorious body, by the power that enables Him to subject everything to Himself.

3:12-21 Main point: \_\_\_\_\_  
 Make additional notes at left and below:

- 5 What has Paul not already attained?
- 6 What is Paul pressing on toward? How can we imitate Paul?
- 7 In verse 17 Paul calls for the Christians in Philippi to imitate him. What exactly does he want them to imitate concerning his own life?
- 8 What is the result of the enemies of Christ?
- 9 But where is our citizenship? Why would this be an important point to the Philippians particularly?

# PHILIPPIANS

# 4

ESV

4:1 Therefore, my brothers, whom I love and long for, my joy and crown, stand firm thus in the Lord, my beloved.

2 I entreat Euodia and I entreat Syntyche to agree in the Lord. 3 Yes, I ask you also, true companion, help these women, who have labored side by side with me in the gospel together with Clement and the rest of my fellow workers, whose names are in the book of life.

4 Rejoice in the Lord always; again I will say, Rejoice. 5 Let your reasonableness be known to everyone. The Lord is at hand; 6 do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. 7 And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

HCSB

4:1 So then, in this way, my dearly loved brothers, my joy and crown, stand firm in the Lord, dear friends. 2 I urge Euodia and I urge Syntyche to agree in the Lord. 3 Yes, I also ask you, true partner, to help these women who have contended for the gospel at my side, along with Clement and the rest of my co-workers whose names are in the book of life. 4 Rejoice in the Lord always. I will say it again: Rejoice! 5 Let your graciousness be known to everyone. The Lord is near. 6 Don't worry about anything, but in everything, through prayer and petition with thanksgiving, let your requests be made known to God. 7 And the peace of God, which surpasses every thought, will guard your hearts and your minds in Christ Jesus.

4:1-7 Main point: \_\_\_\_\_  
Make additional notes at left and below:

- 1 What is Paul's exhortation in verse 1? How does one do this? How can we do the same?
- 2 What problem does Paul seem to deal with in verse 2? What can we learn from this?
- 3 Explain verse 5. Also, what does it mean that, "The Lord is at hand?"
- 4 How can we "not be anxious about anything?"
- 5 What is "the peace of God?"

4:8 Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things. 9 What you have learned and received and heard and seen in me—practice these things, and the God of peace will be with you.

10 I rejoiced in the Lord greatly that now at length you have revived your concern for me. You were indeed concerned for me, but you had no opportunity. 11 Not that I am speaking of being in need, for I have learned in whatever situation I am to be content. 12 I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need. 13 I can do all things through him who strengthens me.

14 Yet it was kind of you to share my trouble. 15 And you Philippians yourselves know that in the beginning of the gospel, when I left Macedonia, no church entered into partnership with me in giving and receiving, except you only. 16 Even in Thessalonica you sent me help for my needs once and again. 17 Not that I seek the gift, but I seek the fruit that increases to your credit. 18 I have received full payment, and more. I am well supplied, having received from Epaphroditus the gifts you sent, a fragrant offering, a sacrifice acceptable and pleasing to God. 19 And my God will supply every need of yours according to his riches in glory in Christ Jesus. 20 To our God and Father be glory forever and ever. Amen.

21 Greet every saint in Christ Jesus. The brothers who are with me greet you. 22 All the saints greet you, especially those of Caesar's household. 23 The grace of the Lord Jesus Christ be with your spirit.

4:8 Finally brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable—if there is any moral excellence and if there is any praise—dwell on these things. 9 Do what you have learned and received and heard and seen in me, and the God of peace will be with you.

10 I rejoiced in the Lord greatly that now at last you have renewed your care for me. You were, in fact, concerned about me, but lacked the opportunity [to show it]. 11 I don't say this out of need, for I have learned to be content in whatever circumstances I am. 12 I know both how to have a little, and I know how to have a lot. In any and all circumstances I have learned the secret [of being content]—whether well-fed or hungry, whether in abundance or in need. 13 I am able to do all things through Him who strengthens me. 14 Still, you did well by sharing with me in my hardship.

15 And you, Philippians, know that in the early days of the gospel, when I left Macedonia, no church shared with me in the matter of giving and receiving except you alone. 16 For even in Thessalonica you sent [gifts] for my need several times. 17 Not that I seek the gift, but I seek the fruit that is increasing to your account. 18 But I have received everything in full, and I have an abundance. I am fully supplied, having received from Epaphroditus what you provided—a fragrant offering, a welcome sacrifice, pleasing to God. 19 And my God will supply all your needs according to His riches in glory in Christ Jesus. 20 Now to our God and Father be glory forever and ever. Amen.

21 Greet every saint in Christ Jesus. Those brothers who are with me greet you. 22 All the saints greet you, but especially those from Caesar's household. 23 The grace of the Lord Jesus Christ be with your spirit.

4:8-23 Main point: \_\_\_\_\_  
Make additional notes at left and below:

6 What we to keep our minds on? How can we do this?



# PHILIPPIANS

Join in imitating me, and keep your eyes on those who walk according to the example you have in us. (3:17)



## A SELF-STUDY WORKBOOK

by: Brent Kercheville